

Obese (Adults)

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- Most recent data (2014): 22% or about 335,400 King County adults age 18+.
- Trend over time: 2000-09: rising; 2009-14: flat
- Description: Body Mass Index greater than or equal to 30
- Healthy People 2020 Goal: 31% or lower

Obese (adults), King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	22	21	23
AGE			
18-24	11	9	14
25-44	21	19	23
45-64	27	25	29
65+	22	21	24
GENDER			
Male	23	22	25
Female	21	20	22
RACE/ETHNICITY			
AIAN	47	35	60
Asian	8	6	10
Black	35	29	41
Hispanic	27	23	31
Multiple	24	18	30
NHPI	31	19	46
White	23	22	24
HOUSEHOLD INCOME			
<\$15,000	28	24	33
\$15,000 to \$24,999	24	21	28
\$25,000 to \$34,999	23	19	26
\$35,000 to \$49,999	26	23	30
\$50,000 to \$74,999	23	21	26
\$75,000+	19	18	21
REGION			
East	18	17	20
North	20	16	24
Seattle	17	16	19
South	30	28	32
STATE			
Washington State	27	27	28

Comparisons:

- Higher than King County rate (yellow)
- Lower than King County rate (green)

Notes:

Source: Behavioral Risk Factor Surveillance System.

Prepared by Public Health - Seattle & King County, APDE, 07/2016.

N/A: Not available.

CI is 95% Confidence Interval.

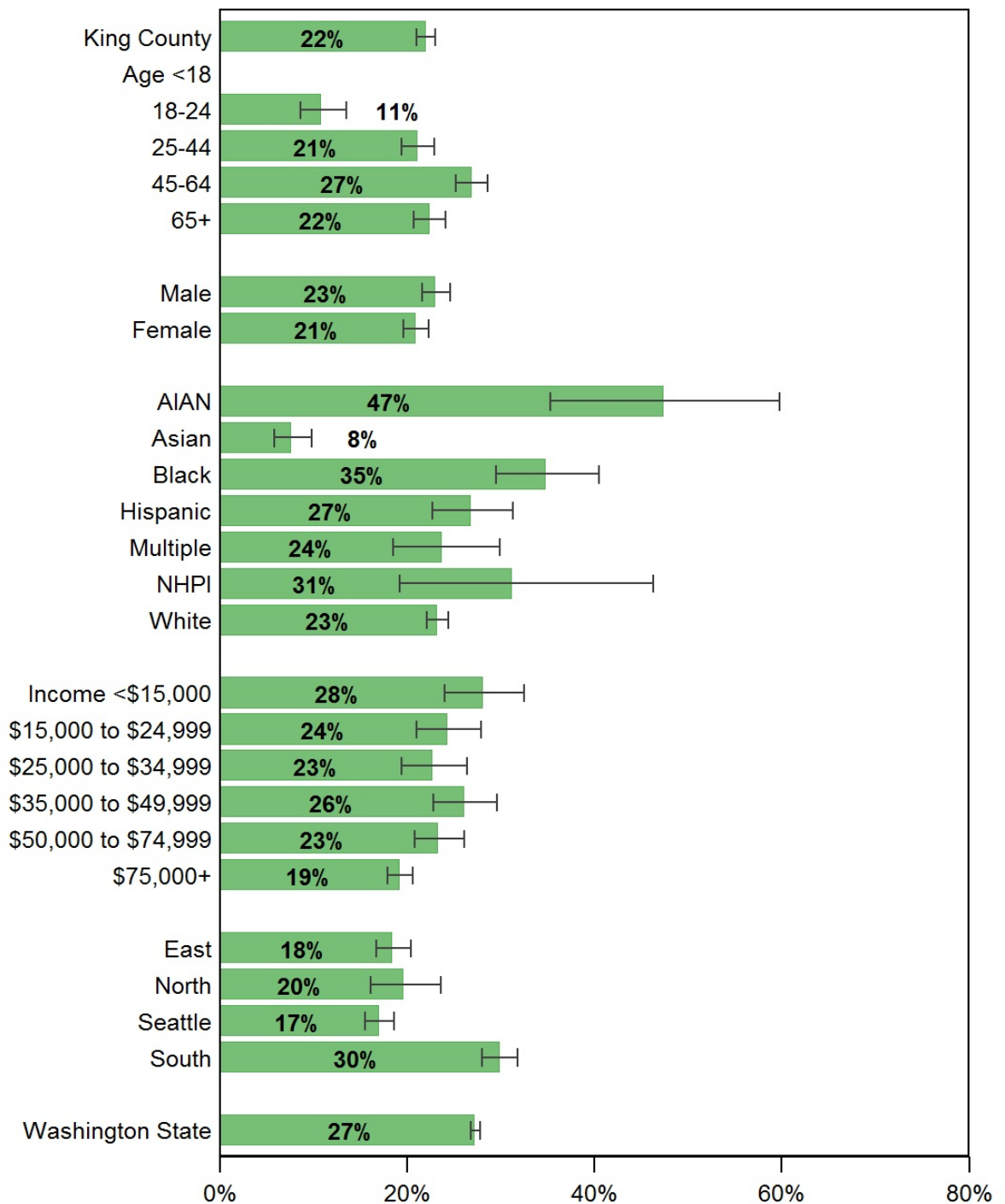
* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Obese (adults)

King County, 2010-2014 average



Source: Behavioral Risk Factor Surveillance System.

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[-----] Confidence interval shows range that includes true value 95% of the time.

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Persons of Hispanic ethnicity can be of any race and are included in the racial categories.

Obese (adults) by health reporting areas, King County, 2010-2014 average

	Percent	Lower CI	Upper CI
King County (adults age 18+)	22	21	23
Auburn	35	29	42
..Auburn-North	35	27	43
..Auburn-South	36	26	47
Bear Creek/Carnation/Duvall	22	17	28
Bellevue	15	12	19
..Bellevue-Central	19	12	28
..Bellevue-NE	15	11	21
..Bellevue-South	15	10	21
..Bellevue-West	11	6	18
Black Diamond/Enumclaw/SE County	31	24	38
Bothell/Woodinville	21	14	30
Burien	34	27	42
Covington/Maple Valley	31	25	39
Des Moines/Normandy Park	26	20	34
East Federal Way	40	30	51
Fairwood	23	15	34
Federal Way	27	22	33
..Fed Way-Central/Military Rd	27	20	34
..Fed Way-Dash Point/Woodmont	27	19	37
Issaquah	22	13	33
Kenmore/LFP	19	13	29
Kent	34	29	39
..Kent-East	41	31	51
..Kent-SE	31	25	38
..Kent-West	35	25	47
Kirkland	22	18	27
..Kirkland	22	16	29
..Kirkland North	21	16	29
Mercer Isle/Pt Cities	12	8	18
Newcastle/Four Creeks	21	15	29
North Highline	34	21	49
Redmond	16	11	22
Renton	25	21	30
..Renton-East	17	12	24
..Renton-North	30	21	41
..Renton-South	28	21	35
Sammamish	15	11	19
SeaTac/Tukwila	28	22	36
Seattle	17	16	19
..Ballard	15	11	20
..Beacon/Gtown/S.Park	15	10	22
..Capitol Hill/E.lake	12	9	17
..Central Seattle	14	10	21
..Delridge	26	19	36
..Downtown	14	10	20
..Fremont/Greenlake	9	7	13
..NE Seattle	12	9	16
..North Seattle	24	19	30
..NW Seattle	25	19	32
..QA/Magnolia	17	11	24
..SE Seattle	17	12	25
..West Seattle	23	18	29
Shoreline	19	15	24
Snoqualmie/North Bend/Skykomish	27	21	35
Vashon Island	16	11	24

Comparisons:

- Higher than King County rate (yellow)
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Notes:

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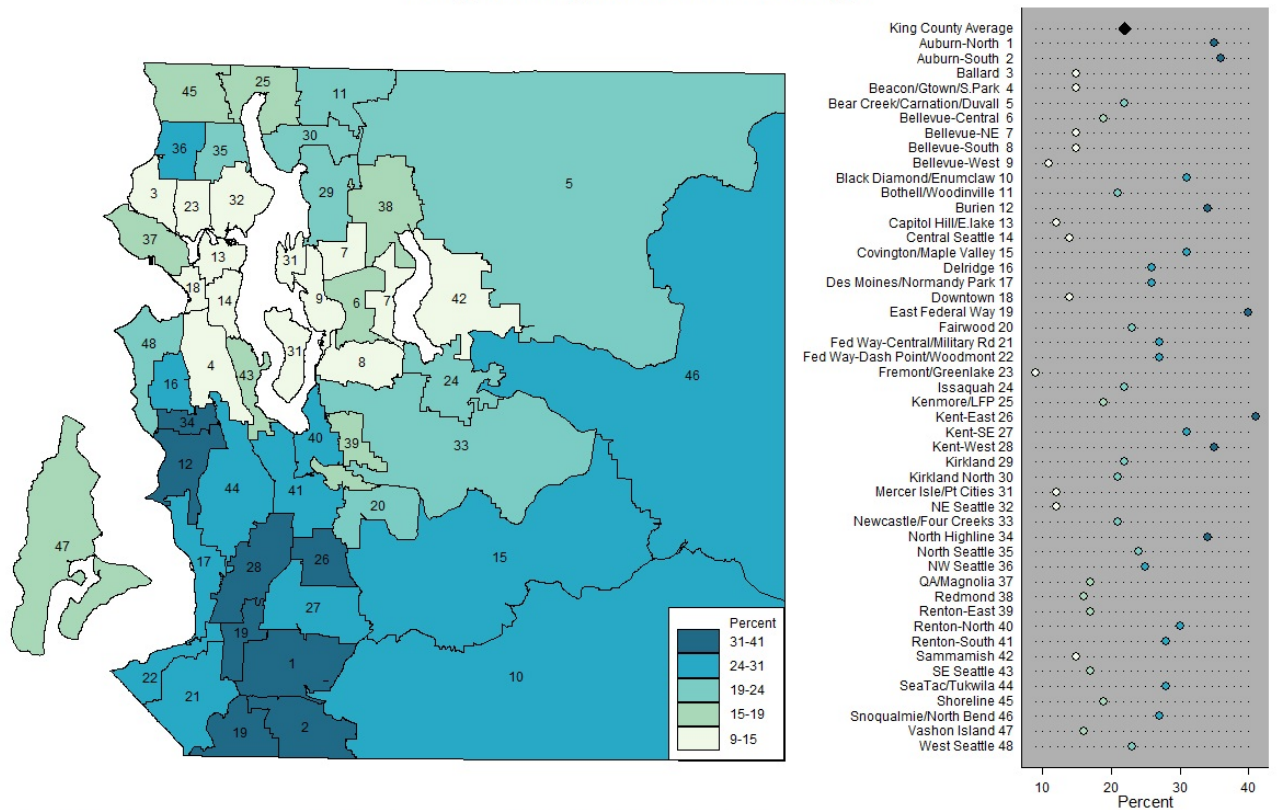
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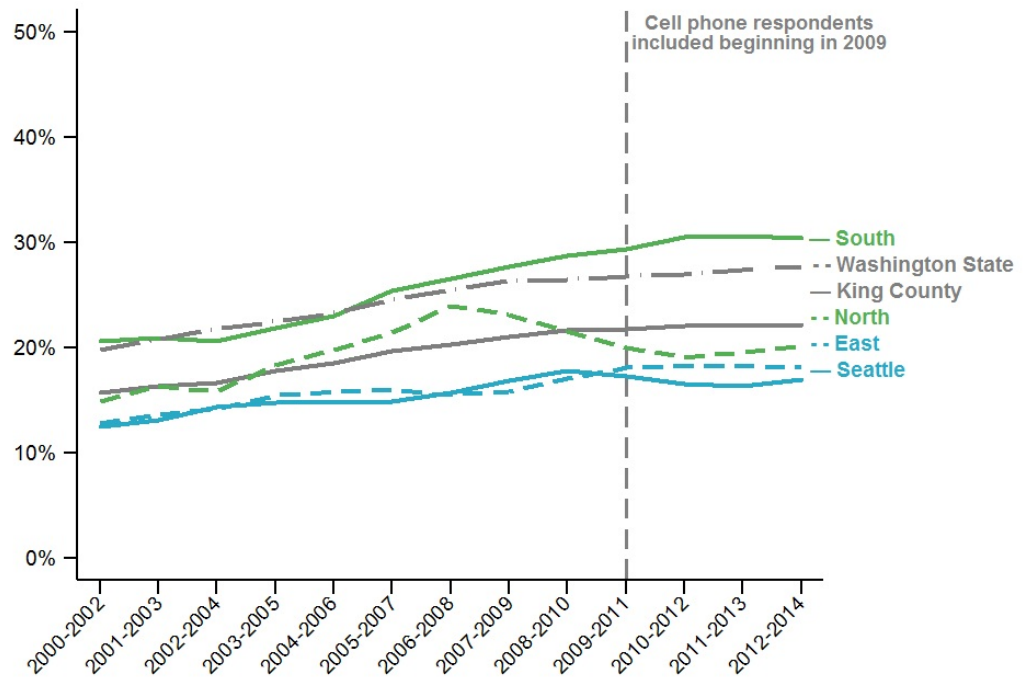
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Obese (adults) by health reporting areas King County, 2010-2014 average



Note: HRA labels on the map match the chart on the right, listed in alphabetical order
Source: Behavioral Risk Factor Surveillance System.
Prepared by Public Health - Seattle & King County, APDE, 07/2016.

Obese (adults) **King County, 2000-2014, three-year rolling averages**



Trends over time: King County (2000-09: rising; 2009-14: flat); East KC (2000-14: rising); North KC (2000-14: flat); Seattle (2000-14: rising); South KC (2000-14: rising); Washington State (2000-14: rising)
 Source: Behavioral Risk Factor Surveillance System.
 Prepared by Public Health - Seattle & King County, APDE, 07/2016.

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